

Mount Sequoyah Pool Schedule

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Open Swim Noon - 9 pm	Triathlon Training 7 - 8 am Fitness 8 am - 10:30 am Lessons 10:30 am - Noon Open Swim Noon - 9 pm
3	4	5	6	7	8	9
Open Swim Noon - 6 pm	Marlins 8 am - Noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Fitness 6 am - 8:00 am Marlins 8 am - Noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Marlins 8 am - Noon	Triathlon Training 7 - 8 am Fitness 8 am - 10:30 am Lessons 10:30 am - Noon
Staff Swim 6 - 8 pm	Open Swim Noon - 8 pm	Family Swim Noon - 4:30 pm Lessons 4:30 - 7 pm	Open Swim Noon - 6:30 pm	Family Swim Noon - 4:30 pm Lessons 4:30 - 7 pm	Open Swim Noon - 9 pm	Open Swim Noon - 9 pm
		Open Swim 7 pm - 8 pm	Triathlon Training 6:30 pm - 7:30 pm	Open Swim 7 pm - 8 pm		
10	11	12	13	14	15	16
Open Swim Noon - 6 pm	Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Fitness 6 am - 8:00 am Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Marlins 8 am - Noon	Triathlon Training 7 - 8 am Fitness 8 am - 10:30 am Lessons 10:30 am - Noon
Staff Swim 6 - 8 pm	Open Swim Noon - 1 pm	Open Swim Noon - 1 pm	Open Swim Noon - 1 pm	Open Swim Noon - 1 pm	Camp Sequoyah Swim noon - 1 pm	Open Swim Noon - 9 pm
	Champions Camp 1 - 2:45 pm	Champions Camp 1 - 2:45 pm Open Swim 2:45 pm - 4:30 pm	Champions Camp 1 - 2:45 pm	Champions Camp 1 - 2:45 pm Open Swim 2:45 - 4:30 pm	Champions Camp 1 - 2:45 pm	
	Open Swim 2:45 - 8 pm	Lessons 4:30 - 7 pm	Open Swim 2:45 - 6:30 pm	Lessons 4:30 - 7 pm	Open Swim 2:45 - 9 pm	
		Open Swim 7 pm - 8 pm	Triathlon Training 6:30 pm - 7:30 pm	Open Swim 7 pm - 8 pm		
17	18	19	20	21	22	23
Open Swim Noon - 6 pm	Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Fitness 6 am - 8:00 am Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Marlins 8 am - Noon	Triathlon Training 7 - 8 am Fitness 8 am - 10:30 am Lessons 10:30 am - Noon
Staff Swim 6 - 8 pm	Open Swim Noon - 2:30 pm	Open Swim Noon - 2:30 pm	Open Swim Noon - 2:30 pm	Family Swim Noon - 2:30 pm	Open Swim Noon - 9 pm	Open Swim Noon - 9 pm
	Camp Sequoyah Swim 2:30 pm- 5 pm	Camp Sequoyah 2:30 pm - 4:30 pm	Camp Sequoyah Swim 2:30 pm- 5 pm Open Swim 5 pm - 6:30 pm	Camp Sequoyah Swim 2:30 pm 4:30 pm		
	Open Swim 5 pm - 8 pm	Lessons 4:30 - 7 pm Open Swim 7 pm - 8 pm	Triathlon Training 6:30 pm - 7:30 pm	Lessons 4:30 - 7 pm Open Swim 7 pm - 8 pm		
24	25	26	27	28	29	30
Open Swim Noon - 6 pm	Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Fitness 6 am - 8:00 am Marlins 8 am - noon	Fitness 6 am - 9:30 am Lessons 9:30 am - Noon	Marlins 8 am - Noon	Triathlon Training 7 - 8 am Fitness 8 am - 10:30 am Lessons 10:30 am - Noon
Staff Swim 6 - 8 pm	Open Swim noon - 2:30 pm	Open Swim noon - 2:30 pm	Open Swim noon - 2:30 pm	Open Swim Noon - 2:30 pm	Open Swim noon - 2:30 pm	Open Swim 2 pm - 4 pm Pool Party 4 pm - 6 pm Open Swim 6 pm - 9 pm
	Camp Sequoyah Swim 2:30 pm- 5 pm	Camp Sequoyah 2:30 - 4:30 pm	Camp Sequoyah Swim 2:30- 4:30 pm	Camp Sequoyah Swim 2:30 pm 4:30 pm	Camp Sequoyah Swim 2:30 pm - 5 pm	Pool Party Noon - 2 pm
	Open Swim 5 pm - 8 pm	Lessons 4:30 - 7 pm Open Swim 7 pm - 8 pm	Marlin Swim Meet 4:30 - 8 pm	Lessons 4:30 - 7 pm Open Swim 7 pm - 8 pm	Open Swim 5 pm - 9 pm	

	NOT Open to the public OR Members
	Open to the Public and Members
	Open to the Public but may be more crowded than usual
	Open to the Public and Members (For Lap or Fitness Swimming)