

Mount Sequoyah Pool Schedule

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
					Fitness 5 am - 8 am	Marlin 9:30 - 10:30 am	
					Family Swim 8:00 am - midnight	Family Swim 10:30 am - 1 pm	
						Pool Party 1 - 3 pm	
						Family Swim 3 pm - midnight	
3	4	5	6	7	8	9	
Open Family Swim 8:00 am - midnight	Labor Day (no swim lessons) Open Family Swim 8:00 am - midnight	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Marlin 9:30 - 10:30 am	
		Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight	Family Swim 10:30 am - midnight
		AquaHawgs 4:30 - 7:00 pm	Marlins 4:30 - 5:30 pm	AquaHawgs 4:30 - 7:00 pm	Family Swim 8:00 am - midnight		
		Open Family Swim 7:00 pm - midnight	Open Family Swim 5:30 pm - midnight	Open Family Swim 7:00 pm - midnight	Open Family Swim 8:00 am - midnight		
10	11	12	13	14	15	16	
Open Family Swim 8:00 am - midnight	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Marlin 9:30 - 10:30 am	
	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight	Family Swim 10:30 am - midnight	
	Marlins 4:30 - 5:30 pm	AquaHawgs 4:30 - 7:00 pm	Marlins 4:30 - 5:30 pm	AquaHawgs 4:30 - 7:00 pm			
	Open Family Swim 5:30 pm - midnight	Open Family Swim 7:00 pm - midnight	Open Family Swim 5:30 pm - midnight	Open Family Swim 7:00 pm - midnight			
17	18	19	20	21	22	23	
Open Family Swim 8:00 am - midnight	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Family Swim 8:00 am - midnight	
	Family Swim 8:00 am - midnight	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight		
		AquaHawgs 4:30 - 7:00 pm		AquaHawgs 4:30 - 7:00 pm			
		Open Family Swim 7:00 pm - midnight		Open Family Swim 7:00 pm - midnight			
24	25	26	27	28	29	30	
Open Family Swim 8:00 am - midnight	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Fitness 5 am - 8 am	Family Swim 8:00 am - midnight	
	Family Swim 8:00 am - midnight	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight	Family Swim 8:00 am - 4:30 pm	Family Swim 8:00 am - midnight		
		AquaHawgs 4:30 - 7:00 pm		AquaHawgs 4:30 - 7:00 pm			
		Open Family Swim 7:00 pm - midnight		Open Family Swim 7:00 pm - midnight			

	NOT Open to the public OR Members
	Open to the Public and Members
	Open to the Public but may be more crowded than usual
	Open to the Public and Members (For Lap or Fitness Swimming)