

Mount Sequoyah Pool Schedule

June

NOTES AND LEGEND

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Triathlon Training 7 - 8 am
						Private Lessons 8 am - Noon
						Open Swim Noon - 6 pm
						Member Swim (No Day Passes) 6 - 9 pm
						Adult Swim 9 - 11 pm
2	3	4	5	6	7	8
Open Swim Noon - 6 pm	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Beginner Fitness Swim Class 7 - 8 am	Triathlon Training 7 - 8 am
	Fitness Swm 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Fitness Swim 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Marlins 8 am - 12:30 pm	Private Lessons 8 am - Noon
	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon		Open Swim Noon - 5 pm
	Open Swim 12:30 pm - 3 pm	Open Swim Noon - 3 pm	Open Swim 12:30 - 3 pm	Open Swim Noon - 3 pm	Open Swim 12:30 - 3 pm	
Member Swim (No Day Passes) 6 pm - 8 pm	Camp Sequoyah Swim 3 pm - 5 pm	Camp Sequoyah Swim 3 pm - 4:30 pm	Camp Swim 3 pm - 5 pm	Camp Swim 3 pm - 4:30 pm	Open Swim 12:30 - 3 pm	Member Swim (No Day Passes) 5 pm - 9 pm
	Member Swim (No Day Passes) 5 pm - 8 pm	Lessons 4:30 - 8 pm	Open Swim 5 pm - 6:30 pm	Lessons 4:30 - 7 pm	Camp Swim 3 - 5 pm	
Adult Swim 8 - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 7:30 pm - 10 pm	Adult Swim 9 - 11 pm	Member Swim (No Day Passes) 5 pm - 9 pm	Adult Swim 9 - 11 pm
9	10	11	12	13	14	15
Open Swim Noon - 5 pm	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Beginner Fitness Swim Class 7 - 8 am	Triathlon Training 7 - 8 am
	Fitness Swm 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Fitness Swim 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Marlins 8 am - 12:30 pm	Private Lessons 8 am - Noon
	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Open Swim 12:30 - 3 pm	Open Swim Noon - 5 pm
	Open Swim 12:30 pm - 3 pm	Open Swim Noon - 3 pm	Open Swim 12:30 - 3 pm	Open Swim Noon - 3 pm	Camp Swim 3 - 5 pm	
Member Swim (No Day Passes) 5 pm - 8 pm	Camp Sequoyah Swim 3 pm - 5 pm	Camp Swim 3 - 4:30 pm	Camp Swim 3 pm - 5 pm	Camp Swim 3 pm - 4:30 pm	Camp Swim 3 - 5 pm	Member Swim (No Day Passes) 5 pm - 9 pm
	Member Swim (No Day Passes) 5 pm - 8 pm	Lessons 4:30 - 8 pm	Open Swim 5 pm - 6:30 pm	Lessons 4:30 - 7 pm	Large Group AND Member Swim 7 pm - 9 pm	
Adult Swim 8 - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 7:30 pm - 10 pm	Adult Swim 9 - 11 pm	Large Group AND Member Swim (No Day Passes) 5 pm - 9 pm	Adult Swim 9 - 11 pm
16	17	18	19	20	21	22
Open Swim Noon - 1 pm	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Masters Swim Class 6 am - 6:45 am	Fitness Swim 6 am - 8:30 am	Beginner Fitness Swim Class 7 - 8 am	Triathlon Training 7 - 8 am
	Fitness Swm 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Fitness Swim 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Marlins 8 am - 12:30 pm	Private Lessons 8 am - Noon
	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Open Swim 12:30 - 3 pm	Open Swim Noon - 5 pm
LARGE Pool Party - CLOSED TO THE PUBLIC 1 - 5 pm	Open Swim 12:30 pm - 3 pm	Open Swim Noon - 3 pm	Open Swim 12:30 - 3 pm	Open Swim Noon - 3 pm	Open Swim 12:30 - 3 pm	Open Swim Noon - 5 pm
	Camp Swim 3 pm - 5 pm	Camp Swim 3 - 4:30 pm	Camp Swim 3 pm - 4:30 pm	Camp Swim 3 pm - 4:30 pm	Camp Swim 3 - 5 pm	Member Swim (No Day Passes) 5 pm - 9 pm
	Member Swim (NO Day Passes) 5 pm - 6:30 pm	Lessons 4:30 - 8 pm	SWIM MEET 4:30 pm - 8:30 pm	Lessons 4:30 - 7 pm	Member Swim (No Day Passes) 5 pm - 9 pm	
Adult Swim 8 - 10 pm	Adult Swim 7:30 pm - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 8:30 pm - 10 pm	Adult Swim 9 - 11 pm	Member Swim (No Day Passes) 5 pm - 9 pm	Adult Swim 9 - 11 pm
23	24	25	26	27	28	29
Open Swim Noon - 5 pm	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Masters Swim Class 6 am - 6:45 am	Fitness 6 am - 8:30 am	Beginner Fitness Swim Class 7 - 8 am	Triathlon Training 7 - 8 am
	Fitness Swm 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Fitness Swim 6:45 - 8 am	Maintenance 8:30 am - 9:30 am	Marlins 8 am - 12:30 pm	Private Lessons 8 am - Noon
	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Marlins 8 am - 12:30 pm	Lessons 9:30 am - Noon	Small Camp Swim 12:30 - 1:30 pm	Open Swim Noon - 5 pm
Open Swim 12:30 pm - 6 pm	Open Swim Noon - 4:30 pm	Open Swim 12:30 - 6:30 pm	Open Swim Noon - 4:30 pm	Open Swim 1:30 - 5 pm		
Member Swim (No Day Passes) 5 pm - 8 pm	Member Swim (NO Day Passes) 6 - 8 pm	Lessons 4:30 - 8 pm	Triathlon Training 6:30 pm - 7:30 pm	Lessons 4:30 - 7 pm	Member Swim (No Day Passes) 5 pm - 9 pm	Member Swim (No Day Passes) 5 pm - 9 pm
	Adult Swim 8 pm - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 7:30 pm - 10 pm	Member Swim (No day passes) 7 - 9 pm		
Adult Swim 8 - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 8 pm - 10 pm	Adult Swim 7:30 pm - 10 pm	Adult Swim 9 - 11 pm	Adult Swim 9 - 11 pm	Adult Swim 9 - 11 pm
30						
Open Swim Noon - 5 pm						
Member Swim (No Day Passes) 5 pm - 8 pm						
Adult Swim 8 - 10 pm						

Aqua	OPEN Swim - Day passes available.
Dark Aqua	MEMBER ONLY SWIM (No Day Passes)
Red	Special Event CLOSED to the Public
Blue	Adult ONLY Swim. No Lifeguard on duty. Available for patrons 16 years of age and older. Do not swim alone.
Gray	Regularly CLOSED to the Public
Orange	Camp Swim: Expect a crowded pool