

Mount Sequoyah Pool Schedule

September

NOTES AND LEGEND

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Member Swim (No Day Passes) 12 - 8 pm	Open Swim 12 - 5 pm	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Member Swim (No Day Passes) 4 - 9 pm	Triathlon Training 7 - 8 am
		Marlins 4 - 7 pm	Member Swim (No Day Passes) 4 pm - 6:30 pm	Marlins 4 - 7 pm		Marlin Swim Team 9 - 12 pm
Adult Swim 8 - 10 pm	Member Swim (No Day Passes) 5 - 8 pm		Triathlon Training 6:30 - 7:30 pm		Open Swim and Spark Foundation Open House Guests 12 - 5 pm	
	Adult Swim 8 - 10 pm	Adult Swim 7 - 10 pm	Adult Swim 7:30 - 10 pm	Adult Swim 7 - 10 pm	Adult Swim 9 - 11 pm	
8	9	10	11	12	13	14
Member Swim (No Day Passes) 12 - 8 pm	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Member Swim (No Day Passes) 4 - 9 pm	Marlin Swim Team 9 - 12 pm
	Member Swim (No Day Passes) 4 - 8 pm	Marlins 4 - 7 pm	Member Swim (No Day Passes) 4 - 8 pm	Marlins 4 - 7 pm		Open Swim 12 - 5 pm AND Pool Party 12 - 2
Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm		Adult Swim 7 - 10 pm		Adult Swim 8 - 10 pm	Adult Swim 7 - 10 pm
						Adult Swim 9 - 11 pm
15	16	17	18	19	20	21
Member Swim (No Day Passes) 12 - 8 pm AND Small Pool Party 2 - 4 pm	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Fitness Swim 6 am - 8:30 am	Member Swim AND Small Pool Party (No Day Passes) 4 - 9 pm	Marlin Swim Team 9 - 12 pm
	Member Swim (No Day Passes) 4 - 8 pm	Marlins 4 - 7 pm	Member Swim (No Day Passes) 4 - 8 pm	Marlins 4 - 7 pm		Open Swim 12 - 5 pm
Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm		Adult Swim 7 - 10 pm		Adult Swim 8 - 10 pm	Adult Swim 7 - 10 pm
						Adult Swim 9 - 11 pm
22	23	24	25	26	27	28
Member Swim (No Day Passes) 12 - 8 pm	Fitness Swim 6 am - 8:30 am	Member Swim (No Day Passes) 4 - 8 pm	Fitness Swim 6 am - 8:30 am	Member Swim (No Day Passes) 4 - 8 pm	Member Swim (No Day Passes) 4 - 9 pm	Open Swim 12 - 5 pm
	Member Swim (No Day Passes) 4 - 8 pm		Member Swim (No Day Passes) 4 - 8 pm			Member Swim (No Day Passes) 5 - 9 pm
Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm		Adult Swim 9 - 11 pm
29	30					
Member Swim (No Day Passes) 12 - 8 pm	Fitness Swim 6 am - 8:30 am					
	Member Swim (No Day Passes) 4 - 8 pm					
Adult Swim 8 - 10 pm	Adult Swim 8 - 10 pm					

Aqua	OPEN Swim - Day passes available.
Dark Aqua	MEMBER ONLY SWIM (No Day Passes)
Red	Special Event CLOSED to the Public
Blue	Adult ONLY Swim. No Lifeguard on duty.
Gray	Regularly CLOSED to the Public
Orange	Camp Swim: Expect a crowded pool