



	Monday 6/28/2021	Tuesday 6/29/2021	Wednesday 6/30/2021	Thursday 7/1/2021	Friday 7/2/2021	Saturday 7/3/2021	Sunday 7/4/2021			
6:00 AM	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)					
6:30 AM						Coached Masters Swim (6:45 am)				
7:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Triathlon Training			
7:30 AM										
8:00 AM		(Cleaning)		(Cleaning)						
8:30 AM										
9:00 AM										
9:30 AM										
10:00 AM		AquaHawks Swim Lessons		AquaHawks Swim Lessons						
10:30 AM										
11:00 AM										
11:30 AM										
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (11-8 pm)			
12:30 PM										
1:00 PM	Member Swim (1-7 pm)	Member Swim (1-4 pm)	Member Swim (1-6:30 pm)	Member Swim (1-4 pm)	Member Swim (1-7 pm)					
1:30 PM										
2:00 PM										
2:30 PM										
3:00 PM										
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM										
6:00 PM		Marlins Swim Team	Marlins Swim Team							
6:30 PM			Triathlon Training							
7:00 PM	Adult Swim (7-8 pm)				Adult Swim (7-9 pm)					
7:30 PM										
8:00 PM										
8:30 PM										
9:00 PM										

Legend

- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

Questions? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



	Monday 7/5/2021	Tuesday 7/6/2021	Wednesday 7/7/2021	Thursday 7/8/2021	Friday 7/9/2021	Saturday 7/10/2021	Sunday 7/11/2021		
6:00 AM	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)				
6:30 AM						Coached Masters Swim (6:45 am)			
7:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Triathlon Training		
7:30 AM									
8:00 AM		(Cleaning)		(Cleaning)					
8:30 AM									
9:00 AM									
9:30 AM									
10:00 AM		AquaHawks Swim Lessons		AquaHawks Swim Lessons					
10:30 AM									
11:00 AM									
11:30 AM									
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)		
12:30 PM									
1:00 PM	Member Swim (1-7 pm)	Member Swim (1-4 pm)	Member Swim (1-6:30 pm)	Member Swim (1-4 pm)	Member Swim (1-7 pm)				
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM									
5:30 PM									
6:00 PM									
6:30 PM									
7:00 PM	Adult Swim (7-8 pm)		Triathlon Training		Adult Swim (7-9 pm)				
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM									

Legend

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	Monday 7/12/2021	Tuesday 7/13/2021	Wednesday 7/14/2021	Thursday 7/15/2021	Friday 7/16/2021	Saturday 7/17/2021	Sunday 7/18/2021
6:00 AM	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)		
6:30 AM						Coached Masters Swim (6:45 am)	
7:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Triathlon Training
7:30 AM							
8:00 AM		(Cleaning)		(Cleaning)			
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons			
10:30 AM							
11:00 AM							(Cleaning)
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)
12:30 PM							
1:00 PM	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)		
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Member Swim (4-6:30 pm)	Marlins Swim Team	Member Swim (4-7 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM			Triathlon Training				
6:30 PM							
7:00 PM	Adult Swim (7-8 pm)	(Cleaning)		(Cleaning)	Adult Swim (7-9 pm)		
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

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	Monday 7/19/2021	Tuesday 7/20/2021	Wednesday 7/21/2021	Thursday 7/22/2021	Friday 7/23/2021	Saturday 7/24/2021	Sunday 7/25/2021	
6:00 AM	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)			
6:30 AM						Coached Masters Swim (6:45 am)		
7:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Triathlon Training	
7:30 AM								
8:00 AM		(Cleaning)		(Cleaning)				
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons				
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)	
12:30 PM								
1:00 PM	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)			
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM	Marlins Swim Team - Meet Day	Marlins Swim Team	Member Swim (4-6:30 pm)	Marlins Swim Team	Member Swim (4-7 pm)			
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM								
6:30 PM			Triathlon Training					
7:00 PM								
7:30 PM			(Cleaning)		(Cleaning)	Adult Swim (7-9 pm)		
8:00 PM								
8:30 PM								
9:00 PM								

Legend

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	Monday 7/26/2021	Tuesday 7/27/2021	Wednesday 7/28/2021	Thursday 7/29/2021	Friday 7/30/2021	Saturday 7/31/2021	Sunday 8/1/2021
6:00 AM	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)	Coached Masters Swim	Adult Swim (6-7 am)		
6:30 AM						Coached Masters Swim (6:45 am)	
7:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Triathlon Training
7:30 AM							
8:00 AM		(Cleaning)		(Cleaning)			
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons			
10:30 AM							
11:00 AM							(Cleaning)
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8pm)	Open Swim (12-8 pm)
12:30 PM							
1:00 PM	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)	Camp Swim (1-4 pm)		
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Member Swim (4-6:30 pm)	Marlins Swim Team	Member Swim (4-7 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM			Triathlon Training				
6:30 PM							
7:00 PM	Adult Swim (7-8 pm)	(Cleaning)		(Cleaning)	Adult Swim (7-9 pm)		
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

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