



	Monday 8/1/2022	Tuesday 8/2/2022	Wednesday 8/3/2022	Thursday 8/4/2022	Friday 8/5/2022	Saturday 8/6/2022	Sunday 8/7/2022
6:00 AM		Coached Masters Swim		Coached Masters Swim			
6:30 AM	Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)	Coached Masters Swim	
7:00 AM							
7:30 AM		Marlins Swim Team		Marlins Swim Team			
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons			
10:30 AM							
11:00 AM	Private Lessons		Private Lessons		Private Lessons		
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)		
12:30 PM							
1:00 PM	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Open Swim (12-8pm)	Open Swim (12-8pm)
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Member Swim (4-6:30 pm)	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Member Swim (4-6:30 pm)	Open Swim (4-8 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM		Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim			
7:00 PM	Adult Swim (7-9 pm)						
7:30 PM							
8:00 PM		(Cleaning)		(Cleaning)	Adult Swim (8-9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)
8:30 PM							
9:00 PM							

Legend

- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

Questions? Need a swim buddy? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



	Monday 8/8/2022	Tuesday 8/9/2022	Wednesday 8/10/2022	Thursday 8/11/2022	Friday 8/12/2022	Saturday 8/13/2022	Sunday 8/14/2022					
6:00 AM		Coached Masters Swim		Coached Masters Swim								
6:30 AM	Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)	Coached Masters Swim						
7:00 AM												
7:30 AM		Marlins Swim Team					Marlins Swim Team					
8:00 AM												
8:30 AM	Marlins Intersession Swimp Camp	Marlins Intersession Swimp Camp	Marlins Intersession Swimp Camp	Marlins Intersession Swimp Camp	Marlins Intersession Swimp Camp (Make-up Day)							
9:00 AM												
9:30 AM												
10:00 AM												
10:30 AM										Adult Lap Swim (10 am - 12 pm)		
11:00 AM												
11:30 AM												
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8pm)	Open Swim (12-8pm)					
12:30 PM												
1:00 PM	Member Swim (1-7 pm)	Member Swim (1-6:30 pm)	Member Swim (1-6:30 pm)	Member Swim (1-6:30 pm)	Open Swim (1-4 pm)							
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM									Member Swim (1-9 pm)			
5:00 PM												
5:30 PM									Private Party (4-8 pm)			
6:00 PM												
6:30 PM		Coached Masters Swim		Coached Masters Swim								
7:00 PM												
7:30 PM	Adult Swim (7-9 pm)											
8:00 PM		(Cleaning)		(Cleaning)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)					
8:30 PM												
9:00 PM												

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1st Day of School

	Monday 8/15/2022	Tuesday 8/16/2022	Wednesday 8/17/2022	Thursday 8/18/2022	Friday 8/19/2022	Saturday 8/20/2022	Sunday 8/21/2022					
6:00 AM		Coached Masters Swim		Coached Masters Swim								
6:30 AM	Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)	Coached Masters Swim						
7:00 AM												
7:30 AM												
8:00 AM												
8:30 AM												
9:00 AM												
9:30 AM												
10:00 AM	Private Lessons		Private Lessons		Private Lessons							
10:30 AM							Adult Lap Swim (10 am - 12 pm)					
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team							
11:30 AM												
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-2 pm)	Open Swim (12-8pm)	Open Swim (12-6:30pm)					
12:30 PM												
1:00 PM	Private Lessons	Member Swim (1-6:30 pm)	Private Lessons	Member Swim (1-6:30 pm)	Open Swim (2-8 pm)							
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM	Member Swim (4-7 pm)		Member Swim (4-7 pm)	Coached Masters Swim	Adult Swim (8-9pm)			Adult Swim (8-9 pm)	Private Party (6:30-8:30 pm)			
4:30 PM												
5:00 PM												
5:30 PM												
6:00 PM												
6:30 PM		Coached Masters Swim		Coached Masters Swim								
7:00 PM	Adult Swim (7-9 pm)	(Cleaning)	Adult Swim (7-9 pm)	(Cleaning)								
7:30 PM												
8:00 PM												
8:30 PM												
9:00 PM												

Legend

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	Monday 8/22/2022	Tuesday 8/23/2022	Wednesday 8/24/2022	Thursday 8/25/2022	Friday 8/26/2022	Saturday 8/27/2022	Sunday 8/28/2022			
6:00 AM		Coached Masters Swim		Coached Masters Swim						
6:30 AM	Adult Lap Swim (6-8 am)	Marlins Swim	Adult Lap Swim (6-8 am)	Marlins Swim	Adult Lap Swim (6-8 am)	Coached Masters Swim				
7:00 AM										
7:30 AM										
8:00 AM										
8:30 AM										
9:00 AM										
9:30 AM						Marlins Swim Team				
10:00 AM	Private Lessons		Private Lessons		Private Lessons					
10:30 AM							Adult Lap Swim (10 am - 12 pm)			
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team					
11:30 AM										
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)	Open Swim (12-6 pm)	Open Swim (12-6 pm)			
12:30 PM	Private Lessons		Private Lessons							
1:00 PM										
1:30 PM										
2:00 PM					Open Swim (2-8 pm)					
2:30 PM										
3:00 PM										
3:30 PM										
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Member Swim (4-7 pm)	Marlins Swim Team						
4:30 PM										
5:00 PM										
5:30 PM										
6:00 PM										
6:30 PM							Adult Swim (6-8 pm)	Adult Swim (6-8 pm)		
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)	Coached Masters Swim	Adult Swim (8-9pm)					
7:30 PM										
8:00 PM										
8:30 PM										
9:00 PM										

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****Labor Day Weekend****

	Monday 8/29/2022	Tuesday 8/30/2022	Wednesday 8/31/2022	Thursday 9/1/2022	Friday 9/2/2022	Saturday 9/3/2022	Sunday 9/4/2022
6:00 AM		Coached Masters Swim		Coached Masters Swim			
6:30 AM	Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)		Adult Lap Swim (6-8 am)	Coached Masters Swim	
7:00 AM		Marlins Swim Team		Marlins Swim Team			
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	(Cleaning)		(Cleaning)		(Cleaning)		
9:30 AM		(Cleaning)		(Cleaning)		Marlins Swim Team	
10:00 AM							Adult Lap Swim (10 am - 12 pm)
10:30 AM							
11:00 AM	Private Lessons		Private Lessons		Private Lessons		
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)		
12:30 PM							
1:00 PM	Private Lessons		Private Lessons				
1:30 PM							
2:00 PM							
2:30 PM						Open Swim (12-6 pm)	Open Swim (12-6 pm)
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM						Open Swim (2-8 pm)	
5:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Member Swim (4-7 pm)	Marlins Swim Team			
5:30 PM							
6:00 PM							
6:30 PM						Adult Swim (6-8 pm)	Adult Swim (6-8 pm)
7:00 PM		Coached Masters Swim		Coached Masters Swim			
7:30 PM	Adult Swim (7-9 pm)		Adult Swim (7-9 pm)				
8:00 PM					Adult Swim (8-9pm)		
8:30 PM							
9:00 PM							

Legend

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