



	Memorial Day											
	Monday 5/30/2022	Tuesday 5/31/2022	Wednesday 6/1/2022	Thursday 6/2/2022	Friday 6/3/2022	Saturday 6/4/2022	Sunday 6/5/2022					
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim						
6:30 AM												
7:00 AM												
7:30 AM												
8:00 AM												
8:30 AM												
9:00 AM	Open Swim (11 am - 7 pm)	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Lap Swimming Basics						
9:30 AM												
10:00 AM												
10:30 AM										Adult Lap Swim (10 am - 12 pm)	Adult Lap Swim (10 am - 12 pm)	
11:00 AM												
11:30 AM												
12:00 PM			Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 8 pm)	Open Swim (12- 8 pm)				
12:30 PM												
1:00 PM			Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)						
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM		Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week							
5:30 PM												
6:00 PM												
6:30 PM												
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Closed for Weekly Cleaning	Coached Masters Swim	Adult Swim (7-9 pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)					
7:30 PM												
8:00 PM												
8:30 PM												
9:00 PM												

Legend

- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome

Questions? Need a lap swim buddy? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



	Monday 6/6/2022	Tuesday 6/7/2022	Wednesday 6/8/2022	Thursday 6/9/2022	Friday 6/10/2022	Saturday 6/11/2022	Sunday 6/12/2022				
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim					
6:30 AM											
7:00 AM											
7:30 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team					
8:00 AM											
8:30 AM											
9:00 AM											
9:30 AM											
10:00 AM				AquaHawgs Swim Lessons				AquaHawgs Swim Lessons			
10:30 AM						Adult Lap Swim (10 am - 12 pm)					
11:00 AM											
11:30 AM											
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 8 pm)	Open Swim (12- 8 pm)				
12:30 PM											
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)						
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)						
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM											
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Private Party (7- 9 pm)	Coached Masters Swim	Adult Swim (8- 9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)				
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											

Legend

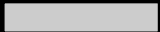




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- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

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	Monday 6/13/2022	Tuesday 6/14/2022	Wednesday 6/15/2022	Thursday 6/16/2022	Friday 6/17/2022	Saturday 6/18/2022	Sunday 6/19/2022					
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim						
6:30 AM												
7:00 AM												
7:30 AM		Marlins Swim Team					Marlins Swim Team					
8:00 AM	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team	Marlins Swim Team						
8:30 AM												
9:00 AM												
9:30 AM												
10:00 AM												
10:30 AM						Adult Lap Swim (10 am - 12 pm)						
11:00 AM												
11:30 AM												
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 8 pm)	Open Swim (12- 8 pm)					
12:30 PM												
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)							
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)							
4:30 PM												
5:00 PM												
5:30 PM												
6:00 PM												
6:30 PM												
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8- 9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)					
7:30 PM												
8:00 PM												
8:30 PM												
9:00 PM												

Legend

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	Monday 6/20/2022	Tuesday 6/21/2022	Wednesday 6/22/2022	Thursday 6/23/2022	Friday 6/24/2022	Saturday 6/25/2022	Sunday 6/26/2022							
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim								
6:30 AM														
7:00 AM														
7:30 AM				Marlins Swim Team				Marlins Swim Team						
8:00 AM	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team	Marlins Swim Team								
8:30 AM														
9:00 AM														
9:30 AM														
10:00 AM							Adult Lap Swim (10 am - 12 pm)							
10:30 AM														
11:00 AM														
11:30 AM														
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 8 pm)	Open Swim (12- 8 pm)							
12:30 PM														
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)									
1:30 PM														
2:00 PM														
2:30 PM														
3:00 PM														
3:30 PM														
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)									
4:30 PM														
5:00 PM														
5:30 PM														
6:00 PM														
6:30 PM														
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8- 9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)							
7:30 PM														
8:00 PM														
8:30 PM														
9:00 PM														

Legend

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****4th of July Weekend****

	Monday 6/27/2022	Tuesday 6/28/2022	Wednesday 6/29/2022	Thursday 6/30/2022	Friday 7/1/2022	Saturday 7/2/2022	Sunday 7/3/2022							
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim								
6:30 AM														
7:00 AM														
7:30 AM		Marlins Swim Team					Marlins Swim Team							
8:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team	Adult Lap Swim (8 am - 12 pm)								
8:30 AM														
9:00 AM														
9:30 AM														
10:00 AM		AquaHawgs Swim Lessons					AquaHawgs Swim Lessons							
10:30 AM							Adult Lap Swim (10 am - 12 pm)							
11:00 AM														
11:30 AM														
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)							
12:30 PM														
1:00 PM	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Open Swim (1-7 pm)			Open Swim (12-8 pm)	Open Swim (12-8 pm)					
1:30 PM														
2:00 PM														
2:30 PM														
3:00 PM														
3:30 PM														
4:00 PM	Marlins Swim Team **MEET DAY**	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (1-7 pm)			Open Swim (12-8 pm)	Open Swim (12-8 pm)					
4:30 PM														
5:00 PM														
5:30 PM														
6:00 PM														
6:30 PM														
7:00 PM		Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)							
7:30 PM														
8:00 PM	Closed for Cleaning													
8:30 PM														
9:00 PM														

Legend

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