



	Monday 5/2/2022	Tuesday 5/3/2022	Wednesday 5/4/2022	Thursday 5/5/2022	Friday 5/6/2022	Saturday 5/7/2022	Sunday 5/8/2022			
6:00 AM		Coached Masters Swim		Coached Masters Swim						
6:30 AM	Adult Swim (6-8 am)		Adult Swim (6-8 am)		Adult Swim (6-8 am)	Coached Masters Swim				
7:00 AM										
7:30 AM										
8:00 AM										
8:30 AM						Marlins Swim Team				
9:00 AM										
9:30 AM										
10:00 AM	Private Lessons		Private Lessons		Private Lessons			Adult Lap Swim (10 am - 12 pm)		
10:30 AM										
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team					
11:30 AM										
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-6 pm)			
12:30 PM										
1:00 PM	Private Lessons					Private Lessons				
1:30 PM						Private Party 1-3 pm				
2:00 PM										
2:30 PM		Private Lessons		Private Lessons						
3:00 PM										
3:30 PM		Marlins Swim Team		Marlins Swim Team		Open Swim (3-6 pm)				
4:00 PM										
4:30 PM										
5:00 PM							Open Swim (4-8 pm)			
5:30 PM										
6:00 PM	Member Swim (6-8 pm)		Member Swim (6-8 pm)			Adult Swim (6-8 pm)	Adult Swim (6-8 pm)			
6:30 PM										
7:00 PM		Coached Masters Swim			Coached Masters Swim					
7:30 PM										
8:00 PM	Adult Swim (8-9pm)		Adult Swim (8-9pm)		Adult Swim (8-9pm)					
8:30 PM										
9:00 PM										

Legend

- Special Class/Separate Reservation/Closed
- Member Swim (No Lane Lines) & Member Lap Swim (Lane Lines In) - Members Only
- Adult Swim - Adult Members & Staff Only; no lifeguard on duty; must use buddy-system (Lane Lines In)
- Open Swim - Members & Day Pass Users Welcome (No Lane Lines)

Questions? Need a lap swim buddy? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



	Monday 5/9/2022	Tuesday 5/10/2022	Wednesday 5/11/2022	Thursday 5/12/2022	Friday 5/13/2022	Saturday 5/14/2022	Sunday 5/15/2022				
6:00 AM		Coached Masters Swim		Coached Masters Swim							
6:30 AM	Adult Swim (6-8 am)		Adult Swim (6-8 am)		Adult Swim (6-8 am)	Coached Masters Swim					
7:00 AM											
7:30 AM											
8:00 AM						Marlins Swim Team					
8:30 AM											
9:00 AM											
9:30 AM											
10:00 AM	Private Lessons		Private Lessons		Private Lessons			Adult Lap Swim (10 am - 12 pm)			
10:30 AM											
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team						
11:30 AM											
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)	Open Swim (12-6 pm)	Open Swim (12-6 pm)				
12:30 PM											
1:00 PM	Private Lessons							Private Lessons			
1:30 PM											
2:00 PM					Open Swim (2-8 pm)						
2:30 PM		Private Lessons		Private Lessons							
3:00 PM	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team							
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM	Member Swim (6-8 pm)	Coached Masters Swim	Member Swim (6-8 pm)	Coached Masters Swim	Open Swim (2-8 pm)	Adult Swim (6-8 pm)	Adult Swim (6-8 pm)				
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM	Adult Swim (8-9pm)		Adult Swim (8-9pm)			Adult Swim (8-9pm)					
8:30 PM											
9:00 PM											

Legend

- Special Class/Separate Reservation
- Member Swim (No Lane Lines) & Member Lap Swim (Lane Lines In) - Members Only
- Adult Swim - Adult Members & Staff Only; no lifeguard on duty; must use buddy-system (Lane Lines In)
- Open Swim - Members & Day Pass Users Welcome (No Lane Lines)

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	Monday 5/16/2022	Tuesday 5/17/2022	Wednesday 5/18/2022	Thursday 5/19/2022	Friday 5/20/2022	Saturday 5/21/2022	Sunday 5/22/2022				
6:00 AM		Coached Masters Swim		Coached Masters Swim							
6:30 AM	Adult Swim (6-8 am)		Adult Swim (6-8 am)		Adult Swim (6-8 am)	Coached Masters Swim					
7:00 AM											
7:30 AM											
8:00 AM						Marlins Swim Team					
8:30 AM											
9:00 AM											
9:30 AM											
10:00 AM	Private Lessons		Private Lessons		Private Lessons			Adult Lap Swim (10 am - 12 pm)			
10:30 AM											
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team						
11:30 AM											
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)	Open Swim (12-6 pm)	Open Swim (12-6 pm)				
12:30 PM											
1:00 PM	Private Lessons							Private Lessons			
1:30 PM											
2:00 PM					Open Swim (2-8 pm)						
2:30 PM		Private Lessons		Private Lessons							
3:00 PM	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team							
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM	Member Swim (6-8 pm)	Coached Masters Swim	Member Swim (6-8 pm)	Coached Masters Swim	Open Swim (2-8 pm)	Adult Swim (6-8 pm)	Adult Swim (6-8 pm)				
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM	Adult Swim (8-9pm)		Adult Swim (8-9pm)			Adult Swim (8-9pm)					
8:30 PM											
9:00 PM											

Legend

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Memorial Day Weekend

	Monday 5/23/2022	Tuesday 5/24/2022	Wednesday 5/25/2022	Thursday 5/26/2022	Friday 5/27/2022	Saturday 5/28/2022	Sunday 5/29/2022		
6:00 AM		Coached Masters Swim		Coached Masters Swim					
6:30 AM	Adult Swim (6-8 am)		Adult Swim (6-8 am)		Adult Swim (6-8 am)	Coached Masters Swim			
7:00 AM									
7:30 AM									
8:00 AM						Marlins Swim Team			
8:30 AM									
9:00 AM									
9:30 AM									
10:00 AM	Private Lessons		Private Lessons		Private Lessons			Adult Lap Swim (10 am - 12 pm)	
10:30 AM									
11:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team				
11:30 AM									
12:00 PM	Coached Masters Swim	Member Lap Swim (12-2 pm)	Coached Masters Swim	Member Lap Swim (12-2 pm)	Member Lap Swim (12-2 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)		
12:30 PM									
1:00 PM	Private Lessons							Private Lessons	
1:30 PM									
2:00 PM					Open Swim (2-8 pm)				
2:30 PM		Private Lessons		Private Lessons					
3:00 PM	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team					
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM									
5:30 PM									
6:00 PM	Member Swim (6-8 pm)	Coached Masters Swim	Member Swim (6-8 pm)	Coached Masters Swim	Open Swim (2-8 pm)				
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM	Adult Swim (8-9pm)		Adult Swim (8-9pm)			Adult Swim (8-9pm)	Adult Swim (8-9pm)		
8:30 PM									
9:00 PM									

Legend

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Memorial Day

	Monday 5/30/2022	Tuesday 5/31/2022	Wednesday 6/1/2022	Thursday 6/2/2022	Friday 6/3/2022	Saturday 6/4/2022	Sunday 6/5/2022						
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim							
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM													
9:00 AM		Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Lap Swimming Basics							
9:30 AM													
10:00 AM													
10:30 AM													
11:00 AM	Open Swim (11 am - 7 pm)					Adult Lap Swim (10 am - 12 pm)	Adult Lap Swim (10 am - 12 pm)						
11:30 AM													
12:00 PM			Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)							
12:30 PM													
1:00 PM			Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Open Swim (1-4 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)					
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM													
4:30 PM													
5:00 PM		Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week								
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)								
7:30 PM													
8:00 PM								Adult Swim (8-9pm)	Adult Swim (8-9pm)				
8:30 PM													
9:00 PM													

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