



****4th of July Weekend****

	Monday 6/27/2022	Tuesday 6/28/2022	Wednesday 6/29/2022	Thursday 6/30/2022	Friday 7/1/2022	Saturday 7/2/2022	Sunday 7/3/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team	Marlins Swim Team	
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm) - Potential Increased Use Family Reunion	Adult Lap Swim (10 am - 12 pm)
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)		
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Marlins Swim Team **MEET DAY**	Marlins Swim Team	Shared Use: Member Swim & AquaHawks Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (1-7 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Coached Masters Swim	Adult Swim (7-9 pm)		
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM	Closed for Cleaning	Maintenance		Maintenance		Adult Swim (8-9 pm)	Adult Swim (8-9 pm)

Legend

- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome

Questions? Need a swim buddy? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



****4th of July****

	Monday 7/4/2022	Tuesday 7/5/2022	Wednesday 7/6/2022	Thursday 7/7/2022	Friday 7/8/2022	Saturday 7/9/2022	Sunday 7/10/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM		Marlins Swim Team		Marlins Swim Team			
8:30 AM							
9:00 AM		AquaHawks Swim Lessons	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team		
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	Open Swim (11 am - 7 pm)					Adult Lap Swim (10 am - 12 pm)	
11:30 AM							
12:00 PM		Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm) - Increased Use	
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM		Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)			
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	Marlins Swim Team	Shared Use: Member Swim & AquaHawks Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (1-7 pm)			
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)	Adult Swim (8-9 pm)	
7:30 PM							
8:00 PM		Maintenance		Maintenance			
8:30 PM							
9:00 PM							

Legend

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	Monday 7/11/2022	Tuesday 7/12/2022	Wednesday 7/13/2022	Thursday 7/14/2022	Friday 7/15/2022	Saturday 7/16/2022	Sunday 7/17/2022		
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim			
6:30 AM									
7:00 AM									
7:30 AM									
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team			
8:30 AM									
9:00 AM									
9:30 AM									
10:00 AM									
10:30 AM	AquaHawks Swim Lessons	AquaHawks Swim Lessons	AquaHawks Swim Lessons	Adult Lap Swim (10 am - 12 pm)					
11:00 AM									
11:30 AM									
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)				
12:30 PM									
1:00 PM	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)			Open Swim (12-3 pm)	
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM	Private Party 3-5 pm								
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawks Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)			Open Swim (3-8 pm) - Increased Use	
4:30 PM									
5:00 PM									
5:30 PM									
6:00 PM									
6:30 PM									
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8-9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)		
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM		Maintenance		Maintenance					

Legend

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- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

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	Monday 7/18/2022	Tuesday 7/19/2022	Wednesday 7/20/2022	Thursday 7/21/2022	Friday 7/22/2022	Saturday 7/23/2022	Sunday 7/24/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	AquaHawks Swim Lessons	AquaHawks Swim Lessons	AquaHawks Swim Lessons	Marlins Swim Team	Marlins Swim Team	Adult Lap Swim (10 am - 12 pm)	
11:00 AM							
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Private Party 12-2 pm	Open Swim (12-8 pm)
12:30 PM							
1:00 PM	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Open Swim (2-8 pm)	
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Marlins Swim Team **MEET DAY**	Marlins Swim Team	Marlins Swim Team **MEET DAY**	Marlins Swim Team	Open Swim (4-8 pm)	Open Swim (2-8 pm)	
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM	Coached Masters Swim	Coached Masters Swim	Coached Masters Swim				
8:00 PM	Closed for Cleaning	Maintenance	Closed for Cleaning	Maintenance	Adult Swim (8-9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)
8:30 PM							
9:00 PM							

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	Monday 7/25/2022	Tuesday 7/26/2022	Wednesday 7/27/2022	Thursday 7/28/2022	Friday 7/29/2022	Saturday 7/30/2022	Sunday 7/31/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team		
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	AquaHawks Swim Lessons	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team	Marlins Swim Team	Adult Lap Swim (10 am - 12 pm)	
11:00 AM							
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8pm)	Open Swim (12-8pm)
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)	Camp & Member Swim (1-4 pm)		
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawks Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8-9pm)	Adult Swim (8-9 pm)	
7:00 PM							
7:30 PM							
8:00 PM		Maintenance		Maintenance			
8:30 PM							
9:00 PM							

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