



	Memorial Day										
	Monday 5/30/2022	Tuesday 5/31/2022	Wednesday 6/1/2022	Thursday 6/2/2022	Friday 6/3/2022	Saturday 6/4/2022	Sunday 6/5/2022				
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim					
6:30 AM											
7:00 AM											
7:30 AM											
8:00 AM											
8:30 AM											
9:00 AM	Open Swim (11 am - 7 pm)	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Lap Swimming Basics					
9:30 AM											
10:00 AM											
10:30 AM										Adult Lap Swim (10 am - 12 pm)	Adult Lap Swim (10 am - 12 pm)
11:00 AM											
11:30 AM											
12:00 PM			Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 2 pm)				
12:30 PM											
1:00 PM											
1:30 PM			Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Open Swim (12- pm) Increased Use 12-2 pm				
2:00 PM											
2:30 PM											
3:00 PM						Private Party (2- 4 pm)					
3:30 PM											
4:00 PM		Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week	Marlins Intersession Speed Week						
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM						Open Swim (4-8 pm)					
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Closed for Weekly Cleaning	Coached Masters Swim	Adult Swim (7-9 pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)				
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											

Legend

- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome

Questions? Need a lap swim buddy? Please visit www.mountsequoyah.org/swim or email melissa@mountsequoyah.org



	Monday 6/6/2022	Tuesday 6/7/2022	Wednesday 6/8/2022	Thursday 6/9/2022	Friday 6/10/2022	Saturday 6/11/2022	Sunday 6/12/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Special Class/Separate Reservation
6:30 AM							
7:00 AM		Marlins Swim Team		Marlins Swim Team			
7:30 AM							
8:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team		
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons		Adult Lap Swim (10 am - 12 pm)	
11:00 AM							
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)
12:30 PM							
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Private Party 1-3 pm	
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)	Open Swim (3-8 pm)	
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Private Party (7-9 pm)	Coached Masters Swim			
7:30 PM							
8:00 PM				Adult Swim (8-9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)	
8:30 PM							
9:00 PM							

Legend

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- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

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	Monday 6/13/2022	Tuesday 6/14/2022	Wednesday 6/15/2022	Thursday 6/16/2022	Friday 6/17/2022	Saturday 6/18/2022	Sunday 6/19/2022
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	AquaHawgs Swim Lessons	Marlins Swim Team	AquaHawgs Swim Lessons	Marlins Swim Team	Marlins Swim Team	Adult Lap Swim (10 am - 12 pm)	
11:00 AM							
11:30 AM							
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12- 8 pm) - Increased Use	Open Swim (12- 8 pm) - Increased Use
12:30 PM							
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)		
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM	Adult Swim (7-9 pm)	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8- 9pm)	Adult Swim (8-9 pm)	Adult Swim (8-9 pm)
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

Legend

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	Monday 6/20/2022	Tuesday 6/21/2022	Wednesday 6/22/2022	Thursday 6/23/2022	Friday 6/24/2022	Saturday 6/25/2022	Sunday 6/26/2022				
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Special Class/Separate Reservation				
6:30 AM											
7:00 AM		Marlins Swim Team		Marlins Swim Team							
7:30 AM											
8:00 AM	Marlins Swim Team		Marlins Swim Team		Marlins Swim Team						
8:30 AM											
9:00 AM											
9:30 AM											
10:00 AM											
10:30 AM		AquaHawgs Swim Lessons		AquaHawgs Swim Lessons		Adult Lap Swim (10 am - 12 pm)					
11:00 AM											
11:30 AM											
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)				
12:30 PM											
1:00 PM	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)	Shared Use: Camp & Member Swim (1-4 pm)			Open Swim (12-8 pm)	Open Swim (12-8 pm)		
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM	Member Swim (4-7 pm)	Marlins Swim Team	Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (4-8 pm)					Open Swim (12-8 pm)	Open Swim (12-8 pm)
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM			Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (8-9pm)	Open Swim (12-8 pm)	Open Swim (12-8 pm)				
7:00 PM											
7:30 PM	Adult Swim (7-9 pm)	Coached Masters Swim						Open Swim (12-8 pm)	Open Swim (12-8 pm)		
8:00 PM											
8:30 PM											
9:00 PM											

Legend

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****4th of July Weekend****

	Monday 6/27/2022	Tuesday 6/28/2022	Wednesday 6/29/2022	Thursday 6/30/2022	Friday 7/1/2022	Saturday 7/2/2022	Sunday 7/3/2022				
6:00 AM	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim	Adult Swim (6-8 am)	Coached Masters Swim					
6:30 AM											
7:00 AM											
7:30 AM											
8:00 AM	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Marlins Swim Team	Adult Lap Swim (10 am - 12 pm)					
8:30 AM											
9:00 AM											
9:30 AM											
10:00 AM	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team	AquaHawks Swim Lessons	Marlins Swim Team	Adult Lap Swim (10 am - 12 pm)					
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM	Coached Masters Swim	Member Lap Swim (12-1 pm)	Coached Masters Swim	Member Lap Swim (12-1 pm)	Member Lap Swim (12-1 pm)	Open Swim (12-8 pm) - Potential Increased Use Family Reunion	Open Swim (12-8 pm)				
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Member Swim (1-4 pm)	Open Swim (1-7 pm)			Open Swim (12-8 pm) - Potential Increased Use Family Reunion	Open Swim (12-8 pm)		
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM	Marlins Swim Team **MEET DAY**	Marlins Swim Team	Shared Use: Member Swim & AquaHawks Lessons (4-6:30 pm)	Marlins Swim Team	Open Swim (1-7 pm)					Open Swim (12-8 pm) - Potential Increased Use Family Reunion	Open Swim (12-8 pm)
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM											
7:00 PM	Coached Masters Swim	Member Swim (6:30 - 9 pm)	Coached Masters Swim	Adult Swim (7-9 pm)	Adult Swim (8-9 pm)	Open Swim (12-8 pm) - Potential Increased Use Family Reunion	Open Swim (12-8 pm)				
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM	Closed for Cleaning										

Legend

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