



|          | Monday<br>7/18/2022                         | Tuesday<br>7/19/2022              | Wednesday<br>7/20/2022  | Thursday<br>7/21/2022             | Friday<br>7/22/2022               | Saturday<br>7/23/2022  | Sunday<br>7/24/2022    |  |  |
|----------|---|-----------------------------------|---|-----------------------------------|-----------------------------------|--|------------------------|--|--|
| 6:00 AM  | Adult Swim<br>(6-8 am)                      | Coached<br>Masters Swim           | Adult Swim<br>(6-8 am)  | Coached<br>Masters Swim           | Adult Swim<br>(6-8 am)            | Coached<br>Masters Swim  |                        |  |  |
| 6:30 AM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 7:00 AM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 7:30 AM  |   | Marlins Swim<br>Team              |   | Marlins Swim<br>Team              |                                   |  |                        |  |  |
| 8:00 AM  | Marlins Swim<br>Team                        | AquaHawks<br>Swim Lessons         | Marlins Swim<br>Team  | AquaHawks<br>Swim Lessons         | Marlins Swim<br>Team              | <b>Marlins Swim<br/>Team<br/>**MEET DAY**</b>                              |                        |  |  |
| 8:30 AM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 9:00 AM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 9:30 AM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 10:00 AM |   |                                   |   |                                   |                                   |  |                        |  |  |
| 10:30 AM |   |                                   |   |                                   |                                   | Shared Use - 1<br>lap lane for<br>Adult Swim +<br>Event (10 am -<br>12 pm) |                        |  |  |
| 11:00 AM |   |                                   |   |                                   |                                   |  |                        |  |  |
| 11:30 AM |   |                                   |   |                                   |                                   |  |                        |  |  |
| 12:00 PM | Coached<br>Masters Swim                     | Member Lap<br>Swim (12-1 pm)      | Coached<br>Masters Swim   | Member Lap<br>Swim (12-1 pm)      | Member Lap<br>Swim (12-1 pm)      | Private Party<br>12-2 pm   |                        |  |  |
| 12:30 PM |   |                                   |   |                                   |                                   |  |                        |  |  |
| 1:00 PM  | Camp &<br>Member Swim<br>(1-4 pm)           | Camp &<br>Member Swim<br>(1-4 pm) | Camp &<br>Member Swim<br>(1-4 pm)   | Camp &<br>Member Swim<br>(1-4 pm) | Camp &<br>Member Swim<br>(1-4 pm) | Open Swim (2-8<br>pm)  |                        |  |  |
| 1:30 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 2:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 2:30 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 3:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 3:30 PM  |   |                                   |   |                                   |                                   | Open Swim (12-<br>8 pm)  |                        |  |  |
| 4:00 PM  | Marlins Swim<br>Team<br><b>**MEET DAY**</b> | Marlins Swim<br>Team              | <b>NEW Updated!<br/>Member Swim<br/>(4-9 pm) -<br/>swim meet<br/>moved to<br/>Saturday AM</b> | Marlins Swim<br>Team              | Open Swim (4-8<br>pm)             |  |                        |  |  |
| 4:30 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 5:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 5:30 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 6:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 6:30 PM  |   | Coached<br>Masters Swim           |   | Coached<br>Masters Swim           |                                   |  |                        |  |  |
| 7:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 7:30 PM  | Closed for<br>Cleaning                      | Maintenance                       |   | Maintenance                       | Adult Swim (8-<br>9pm)            | Adult Swim (8-9<br>pm)   | Adult Swim (8-9<br>pm) |  |  |
| 8:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 8:30 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |
| 9:00 PM  |   |                                   |   |                                   |                                   |  |                        |  |  |

**Legend**






- Special Class/Separate Reservation
- Member Swim & Member Lap Swim - Members Only (Lane Lines in)
- Adult Swim - Adults & Staff only; no lifeguard on duty; must use buddy-system (Lane Lines in)
- Open Swim - Members & Day Pass Users Welcome
- Camp Swim - Limited Members allowed (there will be 20+ campers and counselors)

Questions? Need a swim buddy? Please visit [www.mountsequoyah.org/swim](http://www.mountsequoyah.org/swim) or email [melissa@mountsequoyah.org](mailto:melissa@mountsequoyah.org)



|          | Monday<br>7/25/2022         | Tuesday<br>7/26/2022        | Wednesday<br>7/27/2022                                  | Thursday<br>7/28/2022       | Friday<br>7/29/2022         | Saturday<br>7/30/2022 | Sunday<br>7/31/2022 |
|----------|-----------------------------|-----------------------------|---|-----------------------------|-----------------------------|-----------------------|---------------------|
| 6:00 AM  | Adult Swim (6-8 am)         | Coached Masters Swim        | Adult Swim (6-8 am)                                     | Coached Masters Swim        | Adult Swim (6-8 am)         | Coached Masters Swim  |                     |
| 6:30 AM  |                             |                             |   |                             |                             |                       |                     |
| 7:00 AM  |                             |                             |   |                             |                             |                       |                     |
| 7:30 AM  |                             |                             |   |                             |                             |                       |                     |
| 8:00 AM  | Marlins Swim Team           | Marlins Swim Team           | Marlins Swim Team                                       | Marlins Swim Team           | Marlins Swim Team           |                       |                     |
| 8:30 AM  |                             |                             |   |                             |                             |                       |                     |
| 9:00 AM  |                             |                             |   |                             |                             |                       |                     |
| 9:30 AM  |                             |                             |   |                             |                             |                       |                     |
| 10:00 AM |                             |                             |   |                             |                             |                       |                     |
| 10:30 AM | AquaHawgs Swim Lessons      | AquaHawgs Swim Lessons      | AquaHawgs Swim Lessons                                  |                             |                             |                       |                     |
| 11:00 AM |                             |                             |   |                             |                             |                       |                     |
| 11:30 AM |                             |                             |   |                             |                             |                       |                     |
| 12:00 PM | Coached Masters Swim        | Member Lap Swim (12-1 pm)   | Coached Masters Swim                                    | Member Lap Swim (12-1 pm)   | Member Lap Swim (12-1 pm)   | Open Swim (12-8pm)    | Open Swim (12-8pm)  |
| 12:30 PM |                             |                             |   |                             |                             |                       |                     |
| 1:00 PM  |                             |                             |   |                             |                             |                       |                     |
| 1:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 2:00 PM  | Camp & Member Swim (1-4 pm) | Camp & Member Swim (1-4 pm) | Camp & Member Swim (1-4 pm)                             | Camp & Member Swim (1-4 pm) | Camp & Member Swim (1-4 pm) |                       |                     |
| 2:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 3:00 PM  |                             |                             |   |                             |                             |                       |                     |
| 3:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 4:00 PM  | Member Swim (4-7 pm)        | Marlins Swim Team           | Shared Use: Member Swim & AquaHawgs Lessons (4-6:30 pm) | Marlins Swim Team           | Open Swim (4-8 pm)          |                       |                     |
| 4:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 5:00 PM  |                             |                             |   |                             |                             |                       |                     |
| 5:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 6:00 PM  |                             |                             |   |                             |                             |                       |                     |
| 6:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 7:00 PM  | Adult Swim (7-9 pm)         | Coached Masters Swim        | Member Swim (6:30 - 9 pm)                               | Coached Masters Swim        | Adult Swim (8-9pm)          | Adult Swim (8-9 pm)   |                     |
| 7:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 8:00 PM  |                             |                             |   |                             |                             |                       |                     |
| 8:30 PM  |                             |                             |   |                             |                             |                       |                     |
| 9:00 PM  |                             |                             |   |                             |                             |                       |                     |

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